



## Tribe Program

The Tribe Program, at BLOC Sports Performance, exists to train the bodies, heal the souls, and grow the spirits of at-risk male teenage athletes in inner city Cincinnati. We will be a part of breaking cycles of poverty, violence, incarceration and fatherlessness through our holistic approach to each young man. We will train, heal and grow each young man that takes part in our program.

We will offer world class sports performance training in a cutting edge facility, one to one mentoring, required tutoring, daily spiritual guidance, required counseling and focused nutritional guidance. Most of our boys will be coming as referrals from the juvenile justice system in Hamilton County.

Our tangible objective is to see each young man move on to a four-year college or university with either an academic or athletic scholarship.

Each boy enrolled in our Tribe Program will be on a full scholarship, which makes the program accessible to those who will need it the most. Each boy will also sign a contract stating they understand the rules and expectations, along with their parent/guardian signing a contract as well stating their understanding of their role in the program.

The Tribe Program will be the foundation of the facility, however we will also be working in the Hamilton County Juvenile Court Youth Center and we will function as a performance facility for local inner city school teams. This will provide them with access to a facility and training that is on par with high-level college and professional facilities while being affordable.

Jordan Bunch, Director of BLOC Sports Performance, graduated from Indiana University with a B.S. in Kinesiology, is a Certified Strength and Conditioning Specialist through the National Strength and Conditioning Association and an ordained pastor. He has lived in Lower Price Hill for 4 years and is raising his family there.

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**Train. Heal. Grow.**

# Tribe Mentorship Program

## Mentorship Objective

To allow these young boys to experience life with an older positive influential male.

## What we are asking of you.

- A couple hours of your time every other week.
- At least a 15 week commitment
- Live life with the kids. (ex. Eat meals, take bowling, cookouts, sporting events)
- Communication with the student and also Tribe leaders (Jordan, Matt, and Cole)

## What you can expect from Tribe Leaders.

- Communication between Tribe leaders and Mentors
- Monthly Check-ins
- 15 week evaluations
- Guided questions for deeper discussions for first couple of sessions.

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